***TEAM***

***MASCOT***

**COACHING HANDBOOK**

***2015***



By

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Head Football Coach

**THE COACHING PLEDGE**

The Coach’s pledge extends beyond the knowledge of athletics and reaches into the life of each of his players. It’s one of the most important responsibilities in the school and involves at least the same commitment that coaches expect from their players. Mutual respect and team membership are to be expected equally of player and coach.

***As a coach I promise:***

1. To be a model of appropriate language and behavior.
2. To respect and dignify each of my athletes as an individual.
3. To promote the safety of each athlete and to ask no more in practice or competition then each is capable of delivering.
4. To promote conditions and circumstances that encourages each athlete to realize his full potential.
5. To impose time demands that acknowledges the primary importance of each athlete’s academic and family responsibilities.
6. To promote among all athletes and coaches a solid sense of team membership.
7. To reflect in my coaching the best and most recent thinking/strategies in my sport (Professional Development)
8. To assist, whenever appropriate and mutually convenient, with post high school planning as it relates to athletics.
9. To be available to athletes when the times are mutually convenient.
10. To work, whenever appropriate, with other school personnel to guarantee the best interests of each of my student athletes.

“A Divided Staff is a Losing Staff”

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**LOYALTY!**

Without it we have NOTHING!



**ACCOUNTABILITY:**

“To be held responsible for your own actions!”

**COACHES HEIRARCHY**

HEAD COACH

OFFENSIVE COORIDNATOR DEFENSIVE COORDINATOR

OFFENSIVE ASSISTANT DEFENSIVE ASSISTANT

JV HEAD COACH

OFFENSIVE COORDINATOR DEFENSIVE COORDINATOR

FRESHMEN HEAD COACH

OFFENSIVE COORDINATOR DEFENSIVE COORDINATOR

**COACHING QUALITIES**

1. **Loyalty:** To me and the overall program
2. **Professionalism:** Carry yourself in a professional manner as you represent the school, me and the program.
3. **Trustworthy:** Can be trusted to follow through with your duties as an assistant coach.
4. **Commitment:** To the achievement of our athletes as both students and football players.
5. **Strong work Ethics:** May be called on to put in an enormous amount of hours with only recognition coming from your other coaches.
6. **Team Player:** The success of the entire program comes first over personal success. (Remember who’s name goes on the Loss)
7. **Student of the Game:** Always be willing to learn more about the game. (Attend Clinics, read books, watch videos)
8. **Positive Attitude:** Maintain a positive attitude around our players. (QUIT it not a word that is associated with me or my staff)
9. **Personality:** Be able to laugh as we might need it at times.

10. **Respect:** Treat each other with respect as we are in it

 together.

**COACHING ALIGNMENT**

**Basic Duties and Responsibilities of the Football Staff**

1. Be Loyal to your school and coaching colleagues
2. Be present at all meetings when schedule
3. Assist with spring camp and passing league if not involved in another sport
4. Be available to attend Summer Full Contact Camp
5. Be available to attend Freshmen Camp (June)
6. Be available to attend Summer Practices & Meetings
7. Encourage the athletes to attend weight training
8. Handle all disciplinary problems with in position groups unless it warrants the Head Coaches involvement. (IE Suspensions)

***Including Locker Room Supervision.***

1. Assist with all fundraising efforts.
2. Care and maintenance of all equipment
	1. Equipment Checkout
	2. Equipment collection
	3. Post season inventory and Locker room clean up
3. Assist with pre-practice and pregame set up organization
4. Assist with post-practice and game clean up

**PLAYER CALL UP PROCEDURES**

If a lower level player has the ability to move up a level coaches must consider the following:

* How much will the player play (they should be brought up for significant playing time)
* Will they have success?
* Each Call Up must have a plan accompanied with them:
	+ How will it affect team chemistry?
* Lower Level coaches have no control but can offer their opinion and insight (Remember this is not an ego test)
* Any Coach suspected or caught of trying to talk a player into staying down will be suspended and possibly removed from their position.
* Talk together and have a discussion stating your opinions and views.
* Movement will be permanent, (We will NEVER send a call up back down)
* Must be a process; Fresh to JV, JV to varsity (unless he is that good)

Bottom line is this is we can move players up to help the varsity but still maintain numbers on the lower levels we must keep teams together in order to help the program grow.

I don’t care if you have an undefeated season going on the lower levels; last I checked the only record in the newspaper is the varsity.

Communication is key, talk with each other.



**Varsity Head Coach Duties**

**Primary Assignment:**

* + Coordinate entire program
	+ Manage all Staff and Players
		- Hiring and firing of staff
		- Player discipline
		- Coaches Evaluation
	+ Attend and adhere to all Association rules and expectations
	+ Ensure Practice Organization
	+ Accept Blame for Defeat
	+ Total Practice Organization

**Practice Duties:**

 Pre-practice

* + - Establish location for film
		- Establish Weight Training Work out
		- Establish Practice Times and Schedules
		- Distribute Practice plans
		- Organize, run and supervise Academic Support (Study Tables)

Field Practice:

* Keep Track of Time during practice (Stick to Coordinators time schedule)
	+ Keep them on time
* Coach Position
* Run Conditioning

Post-Practice:

* Post-Practice Announcements
* Practice Evaluation

**Game Duties:**

 Pregame:

* Establish and maintain a pre and post-game routine
	+ Organize Team Meal
* Team Motivation
* Great opposing coaches

Field Game

* Great Referees (Know Captain’s # and Coin Flip Decision)
* Manage Sideline Behavior
* Game Strategies (Offense and Defensive Game plan)
* Make Game Decisions
	+ Timeouts
	+ Onside Kicks, Fakes, Going for it

Post-Game

* Get athletes into the locker room
* Control victory party
* Collect uniforms for the laundry
* Player parent post-game huddle (Booster Club members only)
	+ Be positive and encouraging
	+ Announce practice time for Saturday film and lifting
* Report Scores to the Media
* Upload Game Film

**Off Season Duties:**

* Organize and establish off season duties and schedule
	+ Lifting
	+ Classroom
	+ Conditioning
	+ Film and field work
	+ Attend clinics
	+ Establish a coaches clinic amongst staff to distribute coaching information from clinics
* Program evaluation
	+ Coaches
	+ Player
	+ Offense and Defense
	+ Program
* In school and Feeder school recruitment
	+ Promote program
* Organize and coordinate all staff meetings
* Create Calendar
* Organize Coaches Clinics
* Complete all administrative duties

**Administrative Duties**

* + Organize/ Handle Fundraising
		- Finding Sponsors
	+ Manage and Complete all required paper work.
		- Buses
		- Rosters
		- Website
		- Athletic Packets
		- Coaches credentials
	+ Stock Concession Stand
	+ Organize and Run Team, parent and staff meetings
	+ Ordering
		- Spirit Packs
		- Coaches Gear
		- Equipment
		- Uniforms
	+ Tracking Inventory
		- Equipment
		- Miscellaneous items
		- Fundraising
		- Apparel
	+ Establish Letter Criteria
	+ Establish and Enforce Team Rules
	+ Establish Locker room supervision schedule
	+ Establish home and away equipment routine
		- Home game field set up
		- Away game transport
		- Create equipment check list (Thursday and Friday)
	+ Maintain Good Relationship with athletic director and Administration.
		- Manage Parent Organization
		- Manage Parents
		- Keep Good relations with them
	+ Establish a relationship with a feeder team
		- Have them run same offense and defense using same terms
		- Organize field use on Saturdays
		- Organize concession stand schedule
	+ Establish and maintain a good working relationship with other programs and team in the school
	+ Manager selection
	+ Manage and track student eligibility
		- In season and off
	+ Establish Film exchange
	+ Organize Football Camp
	+ Create a Budget
	+ Establish Injured player protocol
		- Ambulance rider
		- Contacting parents
		- Player visitation
	+ Season Scheduling
		- Scrimmage
	+ Special Night & homecoming planning
	+ University Contacts
		- NCAA Clearing house
		- Scholarship correspondence
	+ Throw an end of the year banquet
		- Awards SR Awards and Letters
		- Food & drinks
		- Presenters
		- Highlight film



**Offensive Coordinator Contract**

**Primary Assignment**

* Offensive Coordinator
* Position Coach (Your Choice)
* Scout Team Coordination
	+ Design/ provide scout team information for practice for all 3 levels
	+ Create Scout Team Binders
	+ Design Inside Run & 7 on 7 scout plays binder

**Practice Duties**

***Attend 90% of Spring and Summer Practices***

Pre-practice:

* + - Offensive Film Review Topics
		- Offensive Meeting

 Field Practice:

* + - Offensive Team Coordination
		- Determine what areas you want filmed
		- Manage 45-50 minutes of time
			* Team
			* Group ( 7 on 7 or inside run)
			* Individual Period

Post-Practice:

* + - Practice Evaluation
		- Offensive Practice Film Review

**Game Duties:**

Pre-game

* + - Offensive Game Plan
		- Offensive Depth Chart
		- Offensive Team Meeting
			* Team Walk through
		- Indy Warm Up Team Walk Through

Field Game:

* Offensive Play Selection
* Player Rotation

Post-Game:

* Offensive Stats
* Victory Party Control

Must attend Freshmen and JV Games and assist coaching staff

**Off Season Duties:**

* Complete all administrative duties
* Offensive Season Stats
* Program Data
	+ (3rd Dn Effic. Season Rushing/ Passing Yds, Yrds per, TD’s)
* Play book revision
* Equipment Duties
* Attend All Staff Meetings
* Recruitment for the program in school
* Summer camp assistance
* Research mental preparation tactics
* Self-Evaluation

**Administrative Duties:**

* Develop Scouting Report for Coaches and Athletes
	+ Analysis *(Must be completed before Saturday meeting is concluded)*
	+ Scouting report *(Must be shared with coaches by Sunday 5pm)*
	+ Share playlist of “Plays to Stop” to athletes and coaches with comments
* Offensive Film Review and Tagging
	+ Designate to position coaches who and what to tag
	+ Must be done before Saturday meeting concludes
* Game Critique and comments
* Offensive Stats
* School Records
* Weekly practice plans
* Must attend 3 Jr Football game for entire day
* Attend all Coaches and parent meetings
* Provide Game Critiques and comments

**Defensive Coordinator Contract**

**Primary Assignment**

* Defensive Coordinator
* Position Coach (Your Choice)
* Scout Team Coordination
	+ Design/ provide scout team information for practice for all 3 levels
	+ Create Scout Team Binders
	+ Design Inside Run & 7 on 7 scout plays binder

**Practice Duties**

***Attend 90% of Spring and Summer Practices***

Pre-practice:

* + - Film Review Topics
		- Defensive Meeting

 Field Practice:

* + - Defensive Team Coordination
		- Determine what areas you want filmed
		- Manage 45-50 minutes of time
			* Team
			* Group ( 7 on 7 or inside run)\
			* Individual Period

Post-Practice:

* + - Practice Evaluation
		- Practice Film Review

**Game Duties:**

Pre-game

* + - Defensive Game Plan
		- Defensive Depth Chart
		- Defensive Team Meeting
			* Team Walk through
		- Indy Warm Up (Must have a tackling drill)

Field Game:

* Defensive Play Selection
* Player Rotation

Post-Game:

* Defensive Stats
* Victory Party Control

\*Must attend freshmen and JV Games and assist coaching staff

**Off Season Duties:**

* Complete all administrative duties
* Defensive Season Stats
* Program Data
	+ (PA 3rd Dn Effic, Big Plays allowed, Turn overs and Tackling)
* Play book revision
* Equipment Duties
* Attend All Staff Meetings
* Recruitment for the program in school
* Summer Camp Assistance
* Research mental preparation tactics
* Self-Evaluation

**Administrative Duties:**

* Develop Scouting Report for Coaches and Athletes
	+ Analysis *(Must be completed before Saturday meeting is concluded)*
	+ Scouting report *(Must be shared with coaches by Sunday 5pm)*
	+ Share playlist of “Plays to Stop” to athletes and coaches with comments
* Defensive Film Review and Tagging
	+ Designate to position coaches who and what to tag
	+ Must be done before Saturday meeting concludes
* Game Critique and comments
* Defensive Stats
* School Records
* Weekly practice plans
* Must attend 3 Jr Football game for entire day
* Attend all Coaches and parent meetings
* Provide Game Critiques and comments

**Special Team Coordinator**

**Primary Assignment**

* Coordinate Special Teams
	+ Kickoff/ Onside, Kick Return
	+ PAT/ PAT Block/ Fake PAT
	+ Punt/ Fake Punt/ Punt Return
	+ Individual Position Coordination
		- Long Snappers, Kick Returner, Punt Returner, Kicker, Punter, Holder
* Special Teams Scout Plays

**Practice Duties**

***Attend 90% of Spring and Summer Practices***

Pre-practice

* Film Review Topics
* Special Teams Meeting

Field Practice

* Special Team Coordination
* Have Practice session filmed
* Manage 20 minutes per practice
	+ Special Teams Drills
* Organize Special Team Scout

Pre-Game

* Manage & Lead Early Outs
* Depth chart Posting
* Organize Special Team Meeting
	+ Review who is on what team

**Game Duties**

\*Must attend freshmen and JV Games and assist coaching staff

* Special Team Coordination: Strategy
* Bench Organization
	+ Organize Special Teams (Ahead of Time)
	+ Punt, PR, KO, KR, PAT, PAT Block, Onside
	+ Side line depth charts

**Post-Game:**

* Victory Party Control
	+ \*If no manager start laundry
* Call in Scores to the Media

**Off Season Duties**

* Equipment Issues
* Banquet attendance and help
* Attend All staff meetings
* Attend all practices and games
* Spec. Playbook Revisions
* Summer Camp Assistance
	+ Special Teams Drills
* Recruit around the school

**Administrative Duties**

* Depth Charts for Off, Def, ST
	+ Updates
* Create Special Team Scouting Report
* Attend all Coaches and parent meetings
* Provide Game Critiques and comments
* Develop Scouting Report for Coaches and Athletes
	+ Analysis *(Must be completed before Saturday meeting is concluded)*
	+ Scouting report *(Must be shared with coaches by Sunday 5pm)*



**JV Head Coach Duties**

**Primary Assignment:**

* + Coordinate JV Team
	+ Manage all Staff and Players
		- Player discipline (Except for suspensions)
		- Freshmen Coaches Evaluation (Must be turned into VHC)
	+ Ensure Practice Organization (Follow VHC’s practice plan shell)
	+ Accept Blame for Defeat

**Practice Duties:**

 Pre-practice

* + - Establish location for film
		- Distribute Practice plans
		- Supervise Academic Support (Study Tables) after practice

Field Practice:

* Keep Track of Time during practice (Stick to Coordinators time schedule)
	+ Keep them on time
* Coach Position
* Run Conditioning

Post-Practice:

* Post-Practice Announcements
* Practice Evaluation

**Game Duties:**

 Pregame:

* Follow pre and post-game routine
	+ Organize Team for Meal (Before Freshmen Game)
* Team Motivation
* Great opposing coaches

Field Game

* Great Referees (Know Captain’s # and Coin Flip Decision)
* Manage Sideline Behavior
* Game Strategies (Offense and Defensive Game plan)
* Make Game Decisions
	+ Timeouts
	+ Onside Kicks, Fakes, Going for it

Post-Game

* Get athletes into the locker room
* Control victory party
* Collect uniforms for the laundry
* Player Post-game huddle
	+ Be positive and encouraging
	+ Announce practice time for Friday film

**Off Season Duties:**

* Execute and follow off season duties and schedule
	+ Lifting
	+ Classroom
	+ Conditioning
	+ Film and field work
	+ Attend clinics
	+ Establish a coaches clinic amongst staff to distribute coaching information from clinics
* Program evaluation
	+ Coaches
	+ Player
	+ Offense and Defense
	+ JV Program
* In school and Feeder school recruitment
	+ Promote program
* Attend all staff meetings
* Plan around Calendar
* Attend Coaches Clinics
* Complete all administrative duties

**Administrative Duties**

* + Collect Fundraising
		- Turn in and track to VHC
		- Finding Sponsors
	+ Manage and Complete all required paper work.
		- Buses (follow Bus Schedule)
		- Rosters
		- Athletic Packets
		- Coaches credentials
	+ Stock Concession Stand
		- Collect from players
		- Track who didn’t donate
	+ Attend and assist Team, parent and staff meetings
	+ Organize 3 JV players to water boy for varsity games (Players of the week)
	+ Repairs
		- Keep Record of damaged equipment and uniforms
	+ Tracking Inventory
		- Equipment
		- Miscellaneous items
		- Fundraising
			* Finalize fundraising #’s
	+ Enforce Team Rules
	+ Locker room supervision
	+ Perform home and away equipment routine
		- Home game field set up
		- Away game transport
		- Create equipment check list (Thursday and Friday)
	+ Maintain Good Relationship with athletic director and Administration.
		- Manage Parent Organization
		- Manage Parents
		- Keep Good relations with them
	+ Establish and maintain a good working relationship with other programs and team in the school
		- Attend scheduled day
	+ Manager selection
	+ Manage and track student eligibility
		- In season and off
	+ Attend Football Camp
	+ Establish Injured player protocol
		- Ambulance rider
		- Contacting parents
		- Player visitation
	+ Attend, assist and present at the end of the year banquet
		- Awards and certificates

**Freshmen Head Coach Duties**

**Primary Assignment:**

* + Coordinate Freshmen Team
	+ Manage all Staff and Players
		- Player discipline (Except for suspensions)
		- Freshmen Coaches Evaluation (Must be turned into VHC)
	+ Ensure Practice Organization (Follow VHC’s practice plan shell)
	+ Accept Blame for Defeat

**Practice Duties:**

 Pre-practice

* + - Establish location for film
		- Distribute Practice plans
		- Supervise Academic Support (Study Tables) after practice

Field Practice:

* Keep Track of Time during practice (Stick to Coordinators time schedule)
	+ Keep them on time
* Coach Position
* Run Conditioning

Post-Practice:

* Post-Practice Announcements
* Practice Evaluation

**Game Duties:**

 Pregame:

* Follow pre and post-game routine (After Freshmen)
* Team Motivation
* Great opposing coaches

Field Game

* Great Referees (Know Captain’s # and Coin Flip Decision)
* Manage Sideline Behavior
* Game Strategies (Offense and Defensive Game plan)
* Make Game Decisions
	+ Timeouts
	+ Onside Kicks, Fakes, Going for it

Post-Game

* Get athletes into the locker room
* Control victory party
* Collect uniforms for the laundry
* Player Post-game huddle
	+ Be positive and encouraging
	+ Announce practice time for Friday film

**Off Season Duties:**

* Execute and follow off season duties and schedule
	+ Lifting
	+ Classroom
	+ Conditioning
	+ Film and field work
	+ Attend clinics
	+ Establish a coaches clinic amongst staff to distribute coaching information from clinics
* Program evaluation
	+ Coaches
	+ Player
	+ Offense and Defense
	+ Freshmen Program
* In school and Feeder school recruitment
	+ Promote program
* Attend all staff meetings
* Plan around Calendar
* Attend Coaches Clinics
* Complete all administrative duties

**Administrative Duties**

* + Collect Fundraising
		- Turn in and track to VHC
		- Finding Sponsors
	+ Manage and Complete all required paper work.
		- Buses (follow Bus Schedule)
		- Rosters
		- Athletic Packets
		- Coaches credentials
	+ Stock Concession Stand
		- Collect from players
		- Track who didn’t donate
	+ Attend and assist Team, parent and staff meetings
	+ Organize 2 freshmen players to ball boy for varsity games (Players of the week)
		- Organize different groups of freshmen players to sell programs for every home game
	+ Repairs
		- Keep Record of damaged equipment and uniforms
	+ Tracking Inventory
		- Equipment
		- Miscellaneous items
		- Fundraising
			* Finalize fundraising #’s
	+ Enforce Team Rules
	+ Locker room supervision
	+ Perform home and away equipment routine
		- Home game field set up
		- Away game transport
		- Create equipment check list (Thursday and Friday)
	+ Attend Middle school Meet & Greet with VHC
	+ Maintain Good Relationship with athletic director and Administration.
		- Manage Parent Organization
		- Manage Parents
		- Keep Good relations with them
	+ Establish and maintain a good working relationship with other programs and team in the school
		- Attend scheduled day
	+ Manager selection
	+ Manage and track student eligibility
		- In season and off
	+ Attend Football Camp
	+ Establish Injured player protocol
		- Ambulance rider
		- Contacting parents
		- Player visitation
	+ Attend, assist and present at the end of the year banquet
		- Awards and certificates

**Position Coaches Contract**

Primary Assignment

* Supervise Locker Rooms Pre and Post Practice
* Handle Equipment Issues
* Provide Individual Drills
	+ Set up Individual stations
* Perform Day to Day Responsibilities
* Assist Coordinators
	+ Complete Assignments from coordinator
* Attend Saturday sessions
	+ Film review and Tagging Assignments
	+ Comments for Individual Group

Practice:

* Get Water, Ball Bags and field equipment set up
* Be on the field 10 minutes before athletes
* Put water away
* Handle Discipline issues within your position group
	+ \*Note: All suspensions will be cleared and given by HC
	+ Help with post season Banquet
		- Present awards

Game Duties

* Pack equipment for travel or transport to the field
* Collect uniforms after varsity game
* Help control Victory party
* Film games

Off Season:

* + Recruit and Promote the Program
	+ Attend off season Coaches Clinics
		- Create new way to improve position
* Attend 90 % of
	+ Summer (July)
		- Attendance is require on your day and Specs day only
	+ Pre-Season (August)
	+ Season (Aug- Nov)
* Must Attend Camp
	+ JV & varsity Football Camp (June)
	+ Attend Freshmen Intro Camp

Administrative

* Help distribute, collect and inventory equipment
* Talley Stats for HC to bring to awards meeting
	+ Determine Banquet awards
* Help find sponsors
* Attend Coaches Fundraising Day
* Speak about position players at the Banquet



**Day to Day Coaching Assignments:**

Pre-Practice

Varsity HC and Coordinators Are with Varsity players for film, session, study tables and weight lifting

* + Varsity staff is assisting Fresh and JV staff with:
	+ Locker room supervision, practice field set up and the running of practice.

Monday:

Equipment Issues (Var. DL/ DB) Water Fresh HC, Ball Bag and Field Equipment (Fresh Coordinators)

Tuesday:

Equipment Issues (Var OL/ WR) Water JV HC, Ball Bag and Field Equipment (Jv Coordinators)

Wednesday

Equipment Issues (Fresh Staff) Water (Fresh/ JV HC), Ball Bag and field equipment (JV Staff)

Thursday:

Var. HC, and Coordinators run walk through

* + JV and Freshmen Coaches Perform Pre, In and Post game responsibilities
	+ Varsity Staff Does freshmen laundry, Varsity does JV

Friday:

Var. Staff Pre, In, Post game responsibilities

* + JV and Freshmen staff perform In and Post game responsibilities
	+ JV staff does laundry

Saturday

Staff meeting

HC

* Gets breakfast,
* completes film exchange
* shares film

All Coaches:

* + Supervise Weight Lifting with athletes

Coordinators delegate film tagging assignments

* + - Develop game plan

Sunday

HC

* Shares Game plans with Coaches and Athletes
* Creates Weekly practice plan

Coordinators

* emails game plan to HC by 5pm
* Create playlist “What to stop” share will athletes
* All coaches make comments on game film and share with athletes



**Coaches Assignments for Varsity Games**

HC- Head Set Field

OC- Head Set Field

DC- Head Set Field

STC- Head Set Field

Var WR- in charge of subbing players as the OC calls

Var DB- In charge of subbing players as the DC calls

JV OC- Head Set Box (Set up Head Sets)

JV DC- Head Set Box

Freshmen HC- In charge of selling Game Programs

Fresh OC- In the box charting offensive plays

Fresh DC- in the Box charting defensive plays

Freshmen Position Coaches- Get back coach and overseer of the H20 technicians

 Get the Water & Gatorade on the Field w/ Squirt bottles

JV OFF & DEF Captions will be in the box keeping stats

Freshmen and JV Coaches and side line help are responsible for sideline clean up.



**Saturday Responsibilities**

HC-

* + Open School
	+ Breakfast
	+ Have Film Exchange completed

OC

* + Off game stats
	+ Delegate break down responsibilities
	+ Email Game plan to HC

DC

* + Def game stats
	+ Delegate break down responsibilities
	+ Email Game Plan to HC

Off Position Coaches

* + Start Laundry and Switch to Dryer
	+ Critique Positions and comment on your players
	+ Input and share break down responsibilities

Def Position Coaches

* + Hang and fold Game uniforms
	+ Critique Positions and comment on your players
	+ Input and share break down responsibilities

Coaches do not leave until all breakdown data jobs are complete

Special Event (JR Game)

* + HC- Will attend all Jr. Games
	+ OC, DC- will split the day
	+ Position Coaches: Go assist with concession stand and games
		- Off staff: Goes on odd days
		- Def staff: Goes on even days

**Film Breakdown Plan**

Friday night:

* Upload film and cut up to short 10 sec clips
* Share to coaches

Saturday morning:

* Trade Film

 Friday night game film

* + ODK
	+ Take Defensive stats

Opponent Breakdown:

* Each play watch indy pos. in this order (OL, WR, RB, QB)
* Watch each play 11X 1 play per player
* Watch 1 clip at a time in its entirety

Sevier

* + ODK All Games
	+ Tag: Formations and Plays
	+ Tag: Formation Strength and Gap

 Durham

* + Tag: Down and Distance
	+ Tag: Play direction and pass zone

 Castenada:

* + Tag: Result of the play and play type (Run/ Pass)

Sunday:

* Self Evaluate Friday night’s game
* Things to improve on
* Practice plans
* Create game plan on power point and publish on hudl
* Defensive Helmet Stickers

**Sunday Responsibilities**

HC

 Email Game plan to lower level coaches

 Shade game plan on hudl

Coordinators

Create a play list to share with the players for you film time

 Share playlist to players of what we need to stop

Players Watch

 Film Sent

 View game plan and understand what three plays they will run out of each formation

Position Coaches

 Have individual critiques for Monday film session

 Share Comments on Hudl from previous game and upcoming scout film



Film Breakdown Questionnaire

Top 3 Offensive Formations:

 Top 3 plays of each formation:

1)

 A)

 B)

 C)

2)

A)

 B)

 C)

3)

A)

 B)

 C)

Best:

 OL:

 WR:

 RB:

Which side do they Pass / Run to? (Color/ Highlight 2 different colors for Pass and Run)

Strength

Field

Weak Side

Run Pass Ratio

Any Plays Repeated (When?)

QB reaction to Blitz/ Pressure?

What do they do on 3rd:

 Short: (Run/ Pass) What play?

 Long: (Run/ Pass) What play?

 3rd down plays: (Run/ Pass) What play?

Does RB Block or run a route on pass plays?

What type of route?

Who do we need to stop?

How do we win?



Goals:

**Coaches Evaluation Form**

Instructions: Please read and answer each question honestly.

1. Do you as an athlete feel like you were prepared each week for your game?

(If no please explain)

1. What could be done better?
2. What area’s do you feel we need to improve on other than the weight room?
3. What football skills do we need to improve for next season?
4. What would you like to see change before the start of next season?

Circle one of the following for each category. Please be honest!

Approachability (Was this coach easy to talk with about issues)

Game Knowledge (Did the coach know what they were talking about?)

Preparation (Was the coach prepared for that weeks opponent?)

What were 3 strengths of this coach?

What were 3 weaknesses of this coach?

Comments for improvement:

Varsity:

HC

OC

DC

STC

Position Coaches

**JV Staff:**

HC

OC

DC

Position Coaches

**Freshmen Staff:**

HC

OC

DC

Position Coaches

