**JUNE**

**Freshmen Camp**

Meet the Coaches

Intro to:

Offense

* + Individual Drills
  + Group Sessions (Inside Run & 7 on 7)
  + Team Period
    - Basic Plays
    - Learn Terminology (Classroom & Field)

Defense

* + Individual Drills
  + Group Session (Inside run & 7 on 7)
  + Team Period
    - Basic Plays
    - Learn Defensive Basics (Classroom and Field)
      * Gaps
      * Terminology

Special Team

* + Individual Work
  + Formations
  + KO, KR, Onside, Punt, PR/Block, PAT and PAT Block
  + Special Teams Drills

Tour of the School and facilities

Basics to Success in School

* + Attendance
  + Sitting in the front
  + Doing home work and class work
  + Don’t be a knuckle head
  + Be on time
  + Participate
  + Ask Questions

Varsity Mentorship

* + Meet the players
  + Team Building

Parent Meeting

* Q & A w/ HC

Final Day of Camp

* Freshmen flag scrimmage @ night Coached by Varsity Mentors

