**JUNE**

**Freshmen Camp**

Meet the Coaches

Intro to:

Offense

* + Individual Drills
	+ Group Sessions (Inside Run & 7 on 7)
	+ Team Period
		- Basic Plays
		- Learn Terminology (Classroom & Field)

Defense

* + Individual Drills
	+ Group Session (Inside run & 7 on 7)
	+ Team Period
		- Basic Plays
		- Learn Defensive Basics (Classroom and Field)
			* Gaps
			* Terminology

Special Team

* + Individual Work
	+ Formations
	+ KO, KR, Onside, Punt, PR/Block, PAT and PAT Block
	+ Special Teams Drills

Tour of the School and facilities

Basics to Success in School

* + Attendance
	+ Sitting in the front
	+ Doing home work and class work
	+ Don’t be a knuckle head
	+ Be on time
	+ Participate
	+ Ask Questions

Varsity Mentorship

* + Meet the players
	+ Team Building

Parent Meeting

* Q & A w/ HC

Final Day of Camp

* Freshmen flag scrimmage @ night Coached by Varsity Mentors

